

Pump IT UP 5K - 11/19/2017
Mico Teachers College
Data mgnt and Timing by On Di Run
Rankings

Mixed 5k Run RR

Comp#	Name	Team	Time	Points
1	2838 Rogers, Ari	M16 Kingston College	15:48.20	
2	3105 Thomas, Henry	M22 G Foster College	16:15.10	
3	3086 Golding, Ryan	M Rodgers	17:01.80	
4	2845 Dewar, Kenneil	M17 Kingston College	17:07.20	
5	2839 Rhoden, Tarees	M17 Kingston College	17:09.60	
6	3109 Johnson, Evroy	M20 G Foster College	17:10.20	
7	2913 Francis, Omar	M18 Hydell High	17:13.30	
8	2842 Henry, Govounni	M14 Kingston College	17:17.10	
9	2841 Crispus, Atukwatse	M16 Kingston College	17:18.00	
10	3108 Brown, Selvin	M20 G Foster College	17:21.70	
11	3110 Brown, Ackeem	M20 G Foster College	17:22.50	
12	3049 Rochester, Dino	M23 Arthur Grant	17:41.50	
13	2843 Henry, Gianni	M14 Kingston College	17:42.90	
14	2912 Jones, Tafari	M18 Hydell High	17:53.00	
15	2844 Edmond, Romario	M18 Kingston College	18:35.80	
16	2879 Francis, Gavin	M35 Uct Steppas	18:36.30	
17	3062 Facey, Selvin	M26 Bishop	18:37.70	
18	3127 Gordon, Brandon	M15 Camperdown High	18:48.00	
19	2840 Elliot, Nicholas	M18 Kingston College	19:02.00	
20	2846 Taffe, Tajah	M14 Kingston College	19:02.80	
21	2875 Ashman, Allay	M29 Uct Steppas	19:22.10	
22	2905 Green, Monifa	W18 Hydell High	19:23.60	
23	2847 Salmon, Daniel	M13 Kingston College	19:24.60	
24	3046 Deighton, Nicholas	M22 Arthur Grant	19:30.30	
25	3145 Anderson, Oral	M55 Lushington	19:32.00	
26	3126 Leslie, Daniel	M16 Camperdown High	20:06.90	
27	3106 Gardner, Shanice	W22 G Foster College	20:14.20	
28	2909 Coley, Emily	W18 Hydell High	20:31.00	
29	3149 Campbell, Marcus	M20 Unattached	20:42.30	
30	2911 Buchanan, Kimone	W18 Hydell High	20:43.00	
31	2904 Campbell, Jodiann	W15 Hydell High	20:43.80	
32	2977 Clunis, Sanjay	M23 Arthur Grant	20:49.00	
33	2906 Kerr, Zenon	W18 Hydell High	20:53.00	
34	2851 Pryce, Robert	M18 Arthur Grant	20:57.30	
35	2902 Stewart, Aaliyah	W18 Hydell High	21:01.60	
36	3147 Daley, Oshane	M18 Home Grown Life	21:06.80	
37	2861 Mitchell, Romario	M20 Lushington	21:18.60	
38	3128 Maxwell, Ricardo	M12 Camperdown High	21:23.10	
39	3173 Stewart, Ikeda	W20 Bishop	21:24.30	
40	3129 Simpson, Tavory	M17 Camperdown High	21:24.60	
41	2873 Landell, Shevaun	W19 Uct Steppas	21:27.70	
42	2903 Jones, Jada	W15 Hydell High	21:39.10	
43	3146 Standly, Martin	M55 Lushington	21:42.80	
44	2967 Greaves, Owen	M56 Unattached	21:52.10	
45	2819 Darby, Sheldon	M Buxton	22:01.30	
46	3083 Rodgers, 5	M Rodgers	22:08.10	
47	2981 Yee, Marville	M20 Bishop	22:19.70	
48	2814 Henry, Hoggarth	M27 Bishop	22:25.30	
49	2900 Smith, Dane	M30 Unattached	22:35.60	
50	2849 Black, Javed	M17 Kingston College	22:36.70	
51	2907 Pearce, Marchell	W15 Hydell High	22:38.10	
52	2866 Brown, Nicola	W Pcj	22:39.20	
53	3175 Lovelace, Richard	M44 Jamaica Masters	22:42.00	

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54	2868	Wedderburn, Ray	M	Pcj	22:43.30
55	3158	Rankine, Damar	M19	Bishop	22:44.50
56	3130	Fayek, Houda	W26	Mico Teachers College	22:45.80
57	3100	Rowe, Nicholas	M	Unattached	23:04.90
58	3166	Ellis, Damar	M29	Arthur Grant	23:05.80
59	3082	Rodgers, 4	M	Rodgers	23:06.10
60	3093	Barrett, Mazinho	M22	Rodgers	23:07.40
61	2975	Bell, Jevere	M25	Arthur Grant	23:07.90
62	3163	Douglas, Mario	M23	Lushington	23:08.20
63	2910	Holgate, Tishanna	W15	Hydel High	23:08.20
64	2908	Samuda, Amora	W15	Hydel High	23:09.70
65	3050	Barnes, Jarel	M23	Arthur Grant	23:23.20
66	3162	Leckie, Durin	M24	Arthur Grant	23:27.90
67	3124	Facey, Nastassia	W15	Camperdown High	23:28.50
68	3123	Laing, Junell	W14	Camperdown High	23:28.70
69	2829	Rowe, Orlando	M19	Mico Teachers College	23:30.90
70	2878	Morgan, Rajae	M20	Uct Steppas	23:31.20
71	2929	Hyde, Michka Mae	W16	ST Andrew High	23:31.90
72	3170	Walker, George	M21	Buxton	23:41.40
73	2963	Brown, Christopher	M26	Labels And Boxes JA Ltd	23:48.50
74	2889	Reid, Dennis	M20	Unattached	24:01.40
75	3054	Wellington, Rojae	M20	Arthur Grant	24:04.70
76	3055	Miller, Ricardo	M23	Arthur Grant	24:04.90
77	3157	McIntosh, Tremaine	M24	Buxton	24:10.20
78	3089	Dixon, Nicole	W21	Rodgers	24:10.70
79	3133	Cole, Tevhoan	M21	Arthur Grant	24:15.30
80	2860	Thompson, Chris Ann	W18	Lushington	24:25.20
81	3169	Weston, Fabian	M26	Lushington	24:27.00
82	2825	Curtis, David	M20	Mico Teachers College	24:33.60
83	3064	McLeod, Andre	M21	Buxton	24:35.90
84	2806	Whyte, Lamar	M25	Bishop	24:36.70
85	2951	Young, Sydonni	W18	ST Andrew High	24:37.40
86	2937	Miller, Tori Ann	W13	ST Andrew High	24:39.60
87	3168	Johnson, Kroshawn	M24	Bishop	24:50.70
88	3121	Thomas, Tashawna	W14	Camperdown High	25:01.80
89	3125	Newell, Shadae	W16	Camperdown High	25:09.50
90	2898	Smith, Damon	M45	Unattached	25:10.30
91	3026	Daley, Roshawn	M7	Home Grown Life	25:10.50
92	3172	Thompson, Micheal	M	Unattached	25:11.40
93	3131	Young, Tashara	W	Mico Teachers College	25:14.70
94	2830	Martin, Micheal	M19	Mico Teachers College	25:17.90
95	3122	Reid, Ishana	W15	Camperdown High	25:32.10
96	3179	Doodnaughtsingh, Marco	M21	Bishop	25:33.40
97	3156	Brown, Davie	M25	Bishop	25:34.20
98	3048	Rose, Jamari	M22	Arthur Grant	25:34.40
99	3014	Graham, Barrington	M	Unattached	25:34.80
100	3067	James, Tiffany	W21	Lushington	25:58.40
101	3154	Rowe, Carla	W21	Bishop	26:05.40
102	2922	Chambers, Ruth Ann	W15	ST Andrew High	26:05.70
103	2999	Francis, Alexander	M18	Lushington	26:08.10
104	2971	Marshall, Jamie	M22	Arthur Grant	26:08.60
105	2917	Baxter, Janel	W14	ST Andrew High	26:08.90
106	3144	William, Passionate	W26	Bishop	26:10.30
107	2871	Browne, Faith	W39	Uct Steppas	26:15.10

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108	2938	Morrison, Samantha	W14	ST Andrew High	26:17.80
109	2874	Ashman, Shawn	W41	Uct Steppas	26:30.10
110	2892	McFarlane, Paul	M20	Unattached	26:31.90
111	3164	Blake, Kwane	M19	Arthur Grant	26:35.30
112	2983	Evans, Christopher	M23	Bishop	26:45.70
113	3008	Hines, Shauna Kay	W30	Unattached	26:54.10
114	3058	Ferryman, Teresa	W19	Bishop	26:58.40
115	2935	Marks, Shaina	W16	ST Andrew High	27:20.50
116	2862	Miller, Andel	M19	Rodgers	27:41.90
117	2919	Blake, Toni Ann	W14	ST Andrew High	27:46.00
118	2835	Lemonius, Kirk	M27	Utech	27:46.80
119	2947	Smith, Sudan	W13	ST Andrew High	27:54.30
120	3155	Bailey, Keisha	W20	Arthur Grant	28:04.00
121	2805	Green, Kenneal	M	Bishop	28:41.10
122	3025	Palmer, Rodney	M59	Home Grown Life	29:15.90
123	2877	McLean, Patrick	M28	Uct Steppas	29:22.00
124	3132	Matthews, Sivarughn	M20	Bishop	29:37.80
125	2818	Morrison, Gawayne	M22	Buxton	29:38.10
126	2883	Wallace, Lejhanae	W	Tropical Tours	29:56.60
127	3102	Pinnock, Christene	W	Unattached	29:58.40
128	3095	Martin, Davie	M37	Unattached	30:01.00
129	2986	Simpson, Ramone	M22	Buxton	30:08.80
130	3085	Rodgers, 7	M	Rodgers	30:20.20
131	3097	Greyson, Clive	M54	Unattached	30:28.50
132	2896	Burnett, Rochelle	W45	Unattached	30:31.20
133	2931	Hunter, Kaniellia	W15	ST Andrew High	30:31.70
134	2815	Williams, Rhadika	W20	Bishop	30:45.40
135	2979	Chin, Shaquille	W22	Arthur Grant	31:11.40
136	2934	Kates, Ashleigh	W16	ST Andrew High	31:15.90
137	2820	Brown, Dominic	M19	Buxton	31:21.20
138	2948	Tennant, Danielle	W17	ST Andrew High	31:25.20
139	2970	Coote, Terrence	M26	Arthur Grant	31:31.00
140	3120	Gordon, Kacey Ann	W13	Camperdown High	31:31.30
141	3024	Lee, Gary	M19	Home Grown Life	32:11.10
142	3063	Henry, Te'Jeanne	W22	Buxton	32:16.90
143	3159	Gayle, Javancy	M20	Lushington	32:35.50
144	2976	Obrein, Devon	M21	Arthur Grant	32:35.70
145	2965	Williamson, Owen	M25	Labels And Boxes JA Ltd	32:52.80
146	2960	Freckleton, Abdull	M31	Labels And Boxes JA Ltd	32:55.10
147	2964	Taylor, Oneil	M39	Labels And Boxes JA Ltd	32:55.70
148	2803	Williams, Belinda	W36	Pacers	33:13.70
149	2915	Bailey, Michealia	W17	ST Andrew High	33:16.00
150	2933	Josephs, Janielle	W17	ST Andrew High	33:16.30
151	2923	Cornwall, Deandre	W16	ST Andrew High	33:20.20
152	2927	Gordon, Shamike	W16	ST Andrew High	33:21.20
153	3103	Longmore, Richard	M45	Unattached	33:24.90
154	3056	Masters, Danielle	W22	Bishop	34:00.80
155	3161	Baker, Anthonio	M30	Bishop	34:04.50
156	3167	Fearon, Tijani	M19	Bishop	34:34.00
157	3075	Dixon, Shanique	W20	Lushington	34:36.00
158	3174	Watson, Naleika	W22	Arthur Grant	34:36.30
159	2833	Lemonius, Orrett	M24	Utech	34:48.10
160	2808	Tomlinson, Venelcia	W22	Bishop	34:54.50
161	3165	Smith, Mishaka	W24	Lushington	34:56.60

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162	2870	Sinclair, Naudia	W46	Uct Steppas	35:42.50
163	2817	McLean, Phillip	M31	Buxton	35:47.50
164	3160	Spence, Andrew	M45	Lushington	35:56.70
165	3180	Blake, Devon	M35	Arthur Grant	36:00.00
166	3010	Vanhome, Adrian	M30	Unattached	36:01.70
167	3096	Martin, Kimberley	W32	Unattached	36:04.80
168	3084	Rodgers, 6	M	Rodgers	36:13.20
169	2801	Virgo, Marlene	W57	Pacers	36:18.90
170	2869	Mitchell, Rexford	M	Pcj	36:26.60
171	2885	Darby, Sheldon	M20	Unattached	36:28.40
172	2863	Hutchinson, Craig	M	Pcj	36:41.90
173	3031	Tufton, Christopher	W	Ministry OF Health	37:05.50
174	3171	Barnes, Davion	M20	Buxton	37:16.50
175	2872	Brown, Dionne	W36	Uct Steppas	37:22.00
176	2980	Hunter, Sekou	M25	Arthur Grant	37:22.40
177	3094	Cross, Paula	W40	Mico Teachers College	37:30.30
178	3005	Dawkins, Britanya	W18	Rodgers	38:07.20
179	3027	Daley, Roxanne	W15	Home Grown Life	38:09.20
180	3113	Lewis, Ashawnie	W19	Bishop	38:19.50
181	2876	Osbourne, Andrea	W44	Uct Steppas	38:41.40
182	2916	Burrucks, Jada	W14	ST Andrew High	38:42.10
183	2928	Hall, Moyieka	W14	ST Andrew High	38:43.40
184	2942	Pinnock, JO Anna	W13	ST Andrew High	38:43.60
185	2941	Oconnor, Kaela Michelle	W13	ST Andrew High	38:44.30
186	2958	Brown, Mikaela	W14	ST Andrew High	38:45.20
187	2932	Huie, Sharona	W11	ST Andrew High	38:52.00
188	2945	Samuels, Jada	W14	ST Andrew High	38:54.70
189	2857	Manning, Moyah	W19	Buxton	38:58.20
190	3018	Smith, Laithon	M	Unattached	39:01.30
191	3019	Pinnock, Bethany	W	Unattached	39:40.60
192	2993	Lynch, Jodian	W27	Buxton	39:52.60
193	2802	Bell, Nakeisha	W36	Pacers	40:09.60
194	3047	Henry, Deanbra	W20	Arthur Grant	40:11.50
195	3028	Daley, Rochelle	W21	Home Grown Life	40:39.60
196	3041	Brady, Toysha	W22	Rotaract Club	40:44.90
197	3009	Ashman, Huntley	M45	Unattached	40:45.10
198	3029	Daley, Renecia	W12	Home Grown Life	41:02.30
199	2837	Williams, Francis	W46	Unattached	41:27.30
200	3004	Whitter, Luckiesha	W22	Rodgers	41:43.60
201	2997	Barrett, Toni	W21	Lushington	41:44.50
202	2823	Morgan, Molesha	W20	Lushington	41:51.10
203	3030	Palmer, Abby	W15	Home Grown Life	41:51.50
204	2831	Letts, Shaquille	M21	Mico Teachers College	41:51.80
205	2924	Douglas, Pascal Joy	W12	ST Andrew High	42:03.20
206	2950	Whyte, Justin	W12	ST Andrew High	42:37.70
207	2949	Watt, Abigail	W12	ST Andrew High	42:37.90
208	3015	Pinnock, Asburn	M	Unattached	42:39.10
209	2985	Benjamin, Albert	M49	Bishop	42:40.10
210	2807	Gray, Zia	W26	Bishop	42:42.20
211	3081	Rodgers, 3	M	Rodgers	43:12.30
212	3087	Rodgers, 9	M	Rodgers	43:15.10
213	3088	Rodgers, 10	M	Rodgers	43:23.40
214	2852	Cooke, Jeraldene	W19	Bishop	43:23.80
215	2973	Crossman, Kiyomi	W24	Arthur Grant	43:36.90

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216	2968	Freckleton, Aaron	M8	Unattached	43:57.00
217	2891	Gooden, Letesha	W30	Unattached	44:00.30
218	3045	Senior, Trevor	M19	Arthur Grant	44:00.60
219	3185	Brown, Simon-Peter	M19	Lushington	44:16.80
220	2994	Brown, Aneika	W22	Buxton	45:06.70
221	2990	Walker, Abigail	W19	Buxton	45:53.40
222	2991	Campbell, Hadel	M19	Buxton	46:07.70
223	2974	Briscoe, Kadeen	W21	Arthur Grant	46:10.40
224	3148	Grey, Deandra	W24	Buxton	46:11.00
225	2856	Headad, Tanisha	W20	Buxton	46:12.40
226	3003	Powell, Veice	W19	Rodgers	46:16.50
227	2996	Johnson, Shevanese	W19	Lushington	46:59.30
228	3140	Thompson, Kimone	W22	Lushington	48:42.70
229	2998	Dale, Richard	M18	Lushington	49:28.90
230	3017	Smith, Lamar	M	Unattached	49:40.70
231	3021	Arscotto, Carlene	W	Unattached	49:44.40
232	2961	Gayle, Concita	W40	Labels And Boxes JA Ltd	49:53.20
233	3152	Edwards, Shanique	W	Mico Teachers College	50:05.90
234	3151	Brown, Tashaye	W	Mico Teachers College	50:06.20
235	3002	Brown, Susannah	W22	Lushington	50:23.20
236	3176	Johnson, Ceejay	M20	Lushington	50:26.20
237	2855	Wilson, Anton	M21	Bishop	50:26.40
238	2972	Jackson, Naresha	W25	Arthur Grant	51:07.50
239	3183	Bell, Monique	W20	Rodgers	51:09.00
240	3141	Walton, Tasham	W21	Bishop	51:34.90
241	2988	McKenzie, Anika	W23	Buxton	51:35.00
242	3069	Braham, Trudy Ann	W29	Lushington	51:55.40
243	2952	James, Jade	W14	ST Andrew High	52:14.70
244	3182	Lindsay, Samdukor	M40	Buxton	53:58.70
245	3178	Henry, Jamelia	W22	Arthur Grant	54:09.20
246	3184	Francis, Nardia	W23	Lushington	55:04.20
247	3022	Smith, Fred	M	Unattached	55:13.90
248	2995	Alsol, Deshauna	W19	Lushington	55:19.80
249	3177	Thelwall, Janiqua	W18	Rodgers	55:20.00
250	3115	Thomas, Monique	W26	Lushington	56:41.80
251	3134	Wright, Shenieaka	W25	Lushington	56:42.00
252	2989	Dixon, Deshanna	W18	Buxton	56:56.60
253	3020	Pinnock, Angelique	W	Unattached	57:07.00
254	3101	Pinnock, Alvernia	W	Unattached	57:07.20
255	3080	Rodgers, 2	M	Rodgers	58:32.00
256	3079	Rogers, 1	M	Rodgers	58:32.30
257	2969	Johnson, Shanice	W21	Unattached	1:03:48.70
258	3001	Walker, Nikita	W18	Lushington	1:04:02.90

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Comp#	Name	Team	Time	Points
1	1510	Allen, Duwell	M30 Unattached	25:40.50
2	1511	Johnson, Gladstone	M20 Unattached	28:26.10
3	851	Hunter, Lenwortha	M50 Unattached	30:55.00
4	1526	Blagrove, Karlene	W45 Unattached	31:34.80
5	1527	McKenzie, Natasha	W45 Unattached	32:58.30
6	1198	Sinclair, Paula	W43 Uct Steppas	33:32.30
7	1530	Kitson, Devon	M52 Unattached	34:58.30
8	1535	Green, Eric	M57 Jamaica Masters	36:28.90
9	1167	Williams, Oniel	M Pcj	39:04.70
10	1531	Miller, Owen	M74 Unattached	39:13.40
11	1168	Clarke, Jefter	M Pcj	39:26.90
12	1502	Hunter, Caye Lexia	W21 Bishop	39:28.10
13	1518	Heslop, Danielle	W21 Buxton	39:36.70
14	1519	Higgins, Tiffany	W20 Buxton	39:43.20
15	1522	Dixon, Rohanna	W21 Rodgers	39:43.50
16	1170	Davis, Carlene	W62 Uct Steppas	42:06.70
17	850	Williams, Rashada	W20 Mico Teachers College	43:09.50
18	1523	Parkinson, Georgia	W20 Rodgers	43:09.80
19	1536	Edwards, Samantha	W39 Jamaica Masters	44:20.70
20	1197	Roberts, Christopher	M24 Uct Steppas	46:01.50
21	1196	Chang, Marva	W52 Uct Steppas	46:01.80
22	1533	Rowley, Donna	W51 Jamaica Masters	46:46.70
23	1229	Seymour, Sashana	W The Squad	47:42.70
24	1534	Powell, Jeniffer	W46 Jamaica Masters	48:05.50
25	1244	Thompson, Omar	M22 Lushington	49:04.00
26	1254	Wilson, Marissa	W25 Unattached	49:58.70
27	1242	Prendergast, Romario	M25 Lushington	49:59.00
28	1501	Osbourne, Ottavia	W18 Bishop	50:33.50
29	839	Gowans, Vernardo	M24 Bishop	50:48.10
30	1294	Adlam, Ojae	M19 Bishop	50:51.20
31	1512	Rowe, Yvette	W61 Unattached	50:52.50
32	1506	Blackwood, Jodian	W22 Buxton	51:30.90
33	1199	Nosworthy, Angela	W75 Uct Steppas	52:06.00
34	1505	Hinds, Andrew	M24 Bishop	52:07.70
35	1521	Crossley, Keris	W21 Rodgers	52:58.60
36	1228	Cornwall, Samantha	W The Squad	53:38.00
37	1293	Davis, Demaria	W20 Bishop	54:30.60
38	1532	Francis, Wayne	M22 Bishop	54:32.50
39	1507	Wilson, Patreece	W19 Lushington	54:32.80
40	962	Gallimore, Natalie	W Pcj	57:33.10
41	1225	Palmer, Judith	W42 Uct Steppas	58:16.20
42	1195	McGaw, Barbara	W61 Uct Steppas	58:16.40
43	871	Cornwall, Deniece	W45 Unattached	59:29.00
44	958	Cornwall, Dejone	W20 Unattached	59:44.60
45	868	Johnson Samaj, Cecile	W45 Unattached	59:47.70
46	960	McNeil, Audrey	W45 Unattached	59:47.90
47	1251	Kelly, Hannah	W18 Buxton	1:02:48.70
48	840	McKenzie, Jodi Kay	W21 Lushington	1:03:02.90
49	798	Morrison, Danielle	W22 Arthur Grant	1:14:53.80
50	830	Smith, Jason	M22 Bishop	1:14:54.30